VULVAR CANCER AWARENESS DAY

What we explain to women: the great wall of vulva

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Common barriers

- **Shame/fear**
  - “Intimate parts”
  - Vulvovaginal diseases assumed often as “venereal diseases” = promiscuity
  - Contagious?
  - Malignancy?

- **Anatomical concepts**
  - Vulva is an unknown term for most women (and men)
  - Idea of a “normal”, standard vulva
These are the 7 different types of labia

If you've ever worried about whether your vulva is normal, read this and realise the answer is YES.

How Hot Is Your Vagina?

The intimate skincare industry is coming for you... and your vulva. But are you ready to take a seven-step skincare routine downstairs? JOANNA TAYLOR tried it out (so you don't have to).

Joanna Taylor

I never thought I'd find myself knickers off, spread-eagled, in the office of a man who isn't my doctor. "How did I get here?"

I wonder, as Dr. Niekook puts down his measuring tape, pulls out a felt-tip pen and carefully draws a dotted line across my inner labia.

When he does finally raise between my legs, pen poised one thing: "You're not 'ab there is work you could hi..."

In case you missed the main vulva beauty movement is now. Forget douches and beauty world is now flagging that promise to moisturise, tighten, plump and even lift just like your cheekbones.

It appears the never-ending "perfection" has finally reached our most private of parts, but... are we and our vulvas ready for it?

I wonder this as I find myself, yet again – there's a theme in this story! horizontal,

LIP SERVICE What is a designer vagina, how much does labiaplasty cost and which celebrities have had the vagina facelift procedure?
(Des)information

Not All 'Vaginal Itching' is the Same (But It's All Miserable)

Andrew M. Ksiazek, MD

DISCLOSURES | June 07, 2018

THE VAGINA MONOLOGUES
BY EVE ENSLER

DRAMATISTS PLAY SERVICE
Resources

The Great Wall of Vagina - Jamie McCartney

www.labialibrary.org.au

www.issvd.org

http://vulvovaginaldisorders.com
What (and how) do we need to explain?

- Clear and adapted language
- Realistic
- Drawings, schemes, pictures, etc.

- Address some of the myths, even if not questioned:
  - HPV infections are common
  - HPV is not synonymous of promiscuity or infidelity
  - LS is not equal to vulvar cancer

- Motivate for follow-up without scaring