

# CURRENT ISSVD TERMINOLOGY AND CLASSIFICATION OF VULVAR DISEASES

# **CLINICAL DIAGNOSIS - updated January 23, 2016**

# 2011 ISSVD TERMINOLOGY AND CLASSIFICATION OF VULVAR DERMATOLOGICAL DISORDERS

The purpose of this classification is to assist clinicians in determining a differential diagnosis based on the morphology i.e. the clinical appearance of a lesion. Note that a single disorder may display multiple signs.

## 1) SKIN-COLORED LESIONS

# A. Skin-colored papules and nodules

- 1. Papillomatosis of the vestibule and medial labia minora (a normal finding; not a disease)
- 2. Molluscum contagiosum
- 3. Warts (HPV infection)
- 4. Scar
- 5. Vulvar intraepithelial neoplasia
- 6. Skin tag (acrochordon, fibroepithelial polyp)
- 7. Nevus (intradermal type)
- 8. Mucinous cysts of the vestibule and medial labia minora (may have a yellow hue)
- 9. Epidermal cyst (epidermoid cyst; epithelial cyst)

- 10. Mammary-like gland tumor (hidradenoma papilliferum)
- 11. Bartholin gland cyst and tumor
- 12. Syringoma
- 13. Basal cell carcinoma

## B. Skin-colored plaques

- 1. Lichen simplex chronicus (LSC) and other lichenified disease
- 2. Vulvar intraepithelial neoplasia

## 2) RED LESIONS: PATCHES AND PLAQUES

#### A. Eczematous & lichenified diseases

- 1. Allergic contact dermatitis
- 2. Irritant contact dermatitis
- 3. Atopic dermatitis (rarely seen as a vulvar presentation)
- 4. Eczematous changes superimposed on other vulvar disorders
- 5. Diseases clinically mimicking eczematous disease (candidiasis, Hailey-Hailey disease and extramammary Paget's disease)
- 6. Lichen simplex chronicus (lichenification with no preceding skin lesions)
- 7. Lichenification superimposed on an underlying preceding pruritic disease

#### B. Red patches & plaques (no epithelial disruption)

- 1. Candidiasis
- 2. Psoriasis
- 3. Vulvar intraepithelial neoplasia
- 4. Lichen planus
- 5. Plasma cell (Zoon's) vulvitis
- 6. Bacterial soft-tissue infection (cellulitis and early necrotizing fasciitis)
- 7. Extramammary Paget's disease

#### 3) RED LESIONS: PAPULES AND NODULES

#### A. Red papules

- 1. Folliculitis
- 2. Wart (HPV infection)
- 3. Angiokeratoma
- 4. Molluscum contagiosum (inflamed)
- 5. Hidradenitis suppurativa (early lesions)
- 6. Hailey-Hailey disease

#### **B.** Red nodules

- 1. Furuncles ("boils")
- 2. Wart (HPV infection)
- 3. Prurigo nodularis
- 4. Vulvar intraepithelial neoplasia
- 5. Molluscum contagiosum (inflamed)
- 6. Urethral caruncle and prolapse
- 7. Hidradenitis suppurativa
- 8. Mammary-like gland adenoma (hidradenoma papilliferum)
- 9. Inflamed epidermal cyst
- 10. Bartholin duct abscess
- 11. Squamous cell carcinoma
- 12. Melanoma (amelanotic type)

# 4) WHITE LESIONS

## A. White papules and nodules

- 1. Fordyce spots (a normal finding; may sometimes have a yellow hue)
- 2. Molluscum contagiosum
- 3. Wart
- 4. Scar
- 5. Vulvar intraepithelial neoplasia
- 6. Squamous cell carcinoma
- 7. Milium (pl. milia)
- 8. Epidermal cyst

## 9. Hailey-Hailey disease

#### B. White patches and plaques

- 1. Vitiligo
- 2. Lichen sclerosus
- 3. Post-inflammatory hypopigmentation
- 4. Lichenified diseases (when the surface is moist)
- 5. Lichen planus
- 6. Vulvar intraepithelial neoplasia
- 7. Squamous cell carcinoma

## 5) DARK COLORED (BROWN, BLUE, GRAY OR BLACK) LESIONS

## A. Dark colored patches

- 1. Melanocytic nevus
- 2. Vulvar melanosis (vulvar lentiginosis)
- 3. Post-inflammatory hyperpigmentation
- 4. Lichen planus
- 5. Acanthosis nigricans
- 6. Melanoma-in-situ

#### B. Dark colored papules and nodules

- 1. Melanocytic nevus (includes those with clinical and/or histologic atypia)
- 2. Warts (HPV infection)
- 3. Vulvar intraepithelial neoplasia
- 4. Seborrheic keratosis
- 5. Angiokeratoma (capillary angioma, cherry angioma)
- 6. Mammary-like gland adenoma (hidradenoma papilliferum)
- 7. Melanoma

## 6) BLISTERS

#### A. Vesicles and bullae

- 1. Herpesvirus infections (herpes simplex, herpes zoster)
- 2. Acute eczema (see definitions in Part IV above
- 3. Bullous lichen sclerosus
- 4. Lymphangioma circumscriptum (lymphangiectasia)
- 5. Immune blistering disorders cicatricial pemphigoid, fixed drug eruption, Steven-Johnson syndrome, pemphigus)

#### **B.** Pustules

- 1. Candidiasis (candidosis)
- 2. Folliculitis

## 7) EROSIONS AND ULCERS

#### A. Erosions

- 1. Excoriations
- 2. Erosive lichen planus
- 3. Fissures arising on normal tissue (idiopathic, intercourse related)
- 4. Fissures arising on abnormal tissue (candidiasis, lichen simplex chronicus, psoriasis, Crohn's disease, etc.)
- 5. Vulvar intraepithelial neoplasia, eroded variant
- 6. Ruptured vesicles, bullae and pustules
- 7. Extramammary Paget's disease

#### **B.** Ulcers

- 1. Excoriations (related to eczema, lichen simplex chronicus)
- 2. Aphthous ulcers; syn. Aphthous minor, aphthous major, Lipschütz ulcer (occurring either as an idiopathic process or secondary to other diseases such as Crohn's, Behçet's, various viral infections)
- 3. Crohn's disease

- 4. Herpesvirus infection (particularly in immunosuppressed patients)
- 5. Ulcerated squamous cell carcinoma
- 6. Primary syphilis (chancre)

## 8) EDEMA (DIFFUSE GENITAL SWELLING)

#### A. Skin-colored edema

- 1. Crohn's disease
- 2. Idiopathic lymphatic abnormality (congenital Milroy's disease)
- 3. Post-radiation and post-surgical lymphatic obstruction
- 4. Post-infectious edema (esp. staphylococcal and streptococcal cellulitis)
- 5. Post-inflammatory edema (esp. hidradenitis suppurativa)

#### B. Pink or red edema

- 1. Venous obstruction (e.g., pregnancy, parturition)
- 2. Cellulitis (primary or superimposed on already existing edema)
- 3. Inflamed Bartholin duct cyst/abscess
- 4. Crohn's disease
- 5. Mild vulvar edema may occur with any inflammatory vulvar disease

#### Reference

 Lynch PJ, Moyal-Barracco M, Scurry J, Stockdale C. J Low Genit Tract Dis. 2012;16(4):339-44.